

Get fit with
FITTO



Accurate Analysis by Muscle Group

Harness NIR Technology to precisely analyze 15 major muscle groups.



Comprehensive Muscle Insights

Gain insights into muscle health: Muscle Mass, Quality, and Grade.



Tailor your Goals with 9 Block Therapy

Receive personalized body shape assessments, set goals, and enjoy optimized recommendations.



Powerful Contents

Powered by Fatsecret's Nutrition & Various Exercise Regimens



Quick & Easy

Results within 1 minute & Intuitive User Experience

Elevate Your Performance
**Strengthen Your Body
with Fitto**

Olive Healthcare
Healthy Today. Better Tomorrow

<https://shop.olivehc.com>
info@olivehc.com

More Information



9 BLOCK THERAPY

Don't Limit Your Challenges,
Challenge Your Limits

**GET FIT WITH
FITTO**

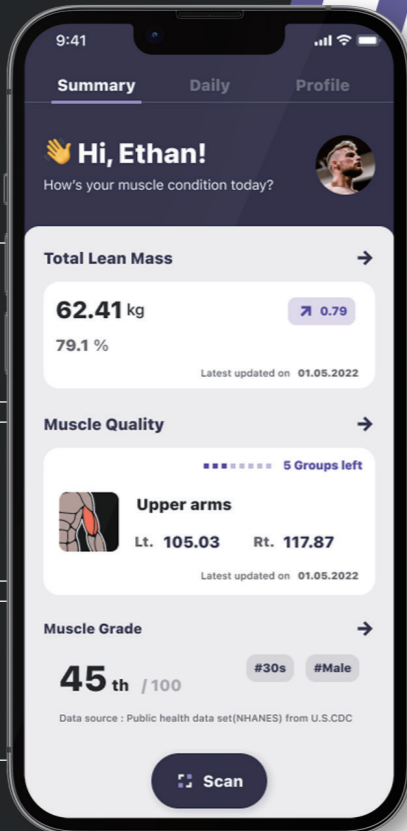
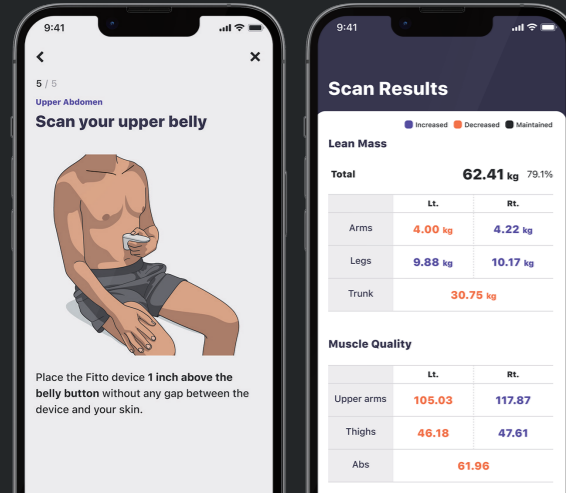
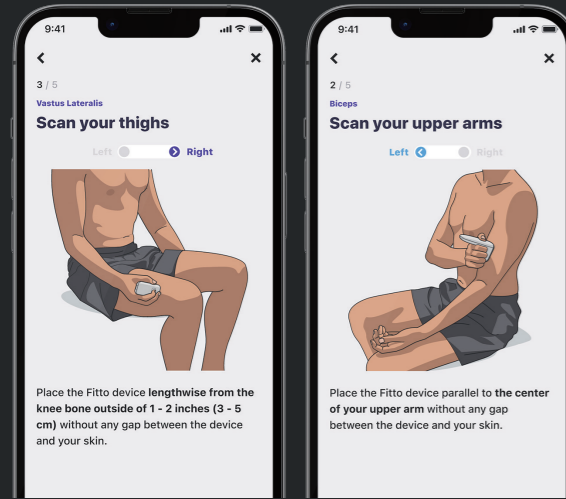


FITTO
Balanced Muscle Management

Build Your Ideal Body with the Fitto App

Quick Start: Scan 5 Spots

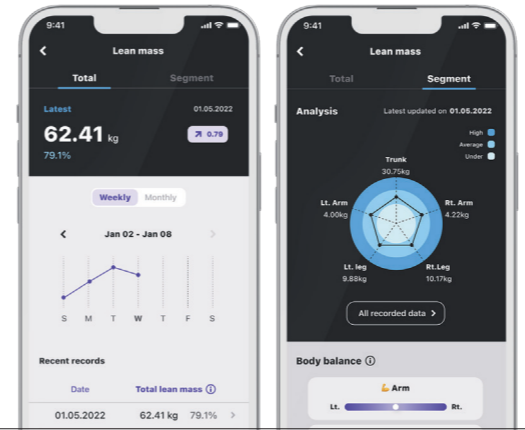
Initiate your journey with a rapid muscle health and body shape analysis.



1

Analyze Your Muscle Mass

Gain insights into your overall and segmental muscle mass, ensuring body balance based on the results.

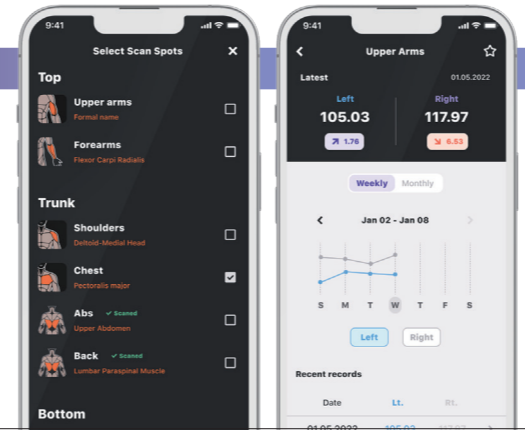


2

Fitto only

Elevate Your Muscle Quality

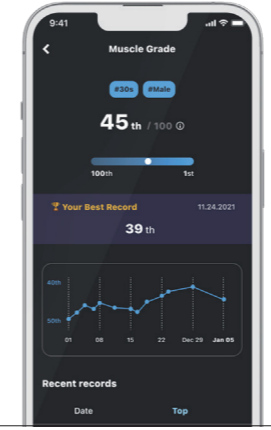
Precisely assess 15 major muscle groups, customizing workouts for your specific areas of interest and needs.



3

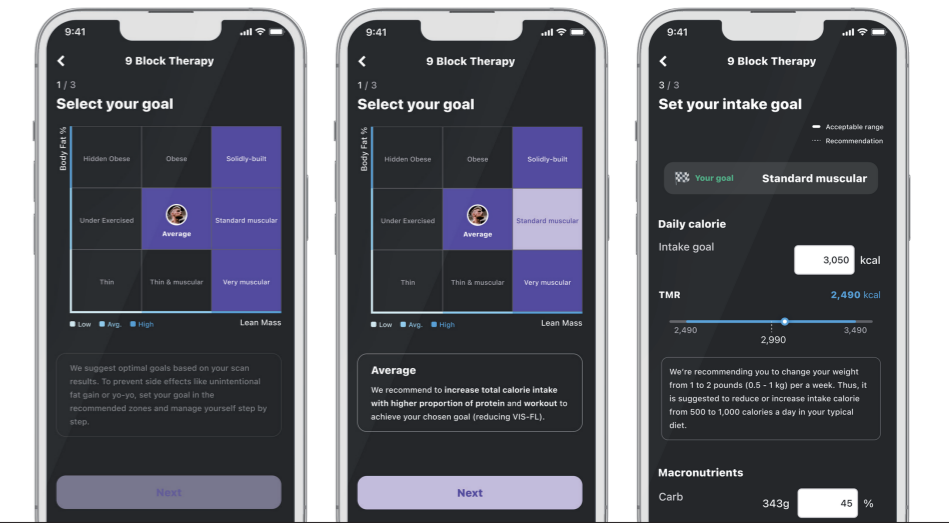
Explore Your Muscle Grade

Check your muscle condition against your group peers, striving for higher ranks as you progress.



Goals, Powered by 9 Block Therapy

Receive personalized body shape assessments, set ambitious targets, and access fitness and nutrition insights.



Keep Pushing Your Limits

Sync your health app data to calculate your BMR and enjoy tailored recommendations from the world's largest diet program, FatSecret.

